



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 01058, Sour dressing, non-butterfat, cultured, filled cream-type

Report Date: July 05, 2017 03:16 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	74.79	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Energy	kcal	178	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	743	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	3.25	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Total lipid (fat)	g	16.57	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Ash	g	0.71	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Carbohydrate, by difference	g	4.68	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Sugars, total	g	4.68	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Minerals													
Calcium, Ca	mg	113	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	0.03	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Magnesium, Mg	mg	10	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Phosphorus, P	mg	87	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Potassium, K	mg	162	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Sodium, Na	mg	48	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Zinc, Zn	mg	0.37	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Copper, Cu	mg	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Manganese, Mn	mg	0.002	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Selenium, Se	µg	2.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.038	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Riboflavin	mg	0.163	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Niacin	mg	0.074	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Pantothenic acid	mg	0.398	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Vitamin B-6	mg	0.017	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Folate, total	µg	12	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	12	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folate, DFE	µg	12	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Choline, total	mg	14.9	--	--	--	--	--	--	--	--	Calculated or imputed	01085	03/2007
Vitamin B-12	µg	0.33	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, RAE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Retinol	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	04034	01/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Vitamin A, IU	IU	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Vitamin E (alpha-tocopherol)	mg	1.34	--	--	--	--	--	--	--	--	Calculated or imputed	04034	01/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	4.1	--	--	--	--	--	--	--	--	Calculated or imputed	04034	01/2003
Lipids													
Fatty acids, total saturated	g	13.272	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
8:0	g	0.319	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
10:0	g	0.824	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
12:0	g	2.256	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
14:0	g	2.793	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
16:0	g	2.819	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:0	g	4.310	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Fatty acids, total monounsaturated	g	1.958	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
16:1 undifferentiated	g	0.087	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:1 undifferentiated	g	1.873	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total polyunsaturated	g	0.468	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:2 undifferentiated	g	0.468	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:3 undifferentiated	g	0.000	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Cholesterol	mg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phytosterols	mg	15	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Amino Acids													
Tryptophan	g	0.045	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Threonine	g	0.147	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Isoleucine	g	0.197	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Leucine	g	0.318	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Lysine	g	0.258	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Methionine	g	0.082	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Cystine	g	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Phenylalanine	g	0.157	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Tyrosine	g	0.157	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Valine	g	0.217	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Arginine	g	0.118	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Histidine	g	0.088	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Alanine	g	0.112	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Aspartic acid	g	0.247	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Glutamic acid	g	0.681	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Glycine	g	0.069	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Proline	g	0.315	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Serine	g	0.177	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003